

MAY MEASUREMENT MONTH 2023

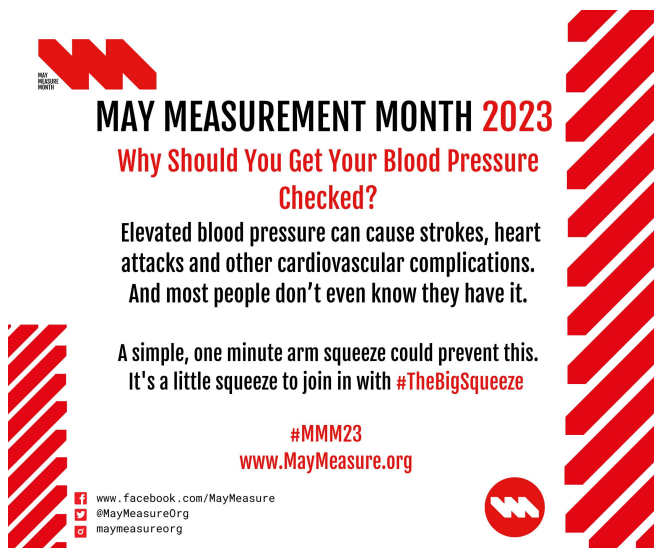
SOCIAL MEDIA PACK

AIMS AND OBJECTIVES

Communicate May Measurement Month's core messaging using official logos and brand colours.

POST #1

Be part of May Measurement Month 2023! Please visit our website www.maymeasure.org for more details and information on how to get involved. Join in with #TheBigSqueeze #MMM23 #MayMeasurementMonth



POST #2

Elevated blood pressure can cause strokes, heart attacks and other cardiovascular complications. And most people don't even know they have it. A simple, one minute arm squeeze could prevent this. It's a little squeeze to join in with #TheBigSqueeze

MAY MEASUREMENT MONTH 2023

SOCIAL MEDIA PACK

POST #3

Over 10 million lives are lost each year due to high blood pressure. Give yourself a squeeze and get your blood pressure checked. Join in with #TheBigSqueeze! #MMM23 #MayMeasurementMonth visit our website www.Maymeasure.Org for more details.



JOIN IN WITH **#TheBigSqueeze**

OVER 10 MILLION LIVES ARE LOST EACH YEAR DUE TO HIGH BLOOD PRESSURE
GIVE YOURSELF A SQUEEZE AND GET YOUR BP CHECKED

MAY MEASUREMENT MONTH 2023

#MMM23
www.MayMeasure.org

 www.facebook.com/MayMeasure
 [@MayMeasureOrg](https://twitter.com/MayMeasureOrg)
 [maymeasureorg](https://www.instagram.com/maymeasureorg)



POST #4

Do the squeeze! We're on a mission to help people get their blood pressure checked. Why? Because a raised BP is the number one cause of preventable death worldwide. Join in with #TheBigSqueeze! #MMM23 www.MayMeasure.Org



MAY MEASUREMENT MONTH 2023

We're on a mission to help people get their blood pressure checked, because raised BP is the number one cause of preventable death worldwide.

#MMM23
#TheBigSqueeze
www.MayMeasure.org

 www.facebook.com/MayMeasure
 [@MayMeasureOrg](https://twitter.com/MayMeasureOrg)
 [maymeasureorg](https://www.instagram.com/maymeasureorg)

