



International
Society of
Hypertension

MAY
MEASURE
MONTH

MayMeasure.org

ROLL YOUR SLEEVES UP TO SAVE A LIFE. YOUR OWN.

HIGH BLOOD PRESSURE

- NO.1 CONTRIBUTING RISK FOR GLOBAL DEATH.
- 10 MILLION LIVES ARE LOST EACH YEAR.
- ONLY 1/2 OF PEOPLE AFFECTED ARE AWARE THEY HAVE IT.

#SLEEVESUP

1-31 MAY

May Measurement Month is an initiative led by the International Society of Hypertension and endorsed by the World Hypertension League